Obesity, Health and Social Inequalities

The draft programme for the ASO’s 4th UK Congress on Obesity, UKCO2017, which takes place on Thursday 7th and Friday 8th of September is now complete. This year, the main theme of the Congress will be obesity, health and social inequalities. Specific sessions will focus on the reasons for the disparity in obesity prevalence in different social groups and on the effectiveness of interventions to address obesity and social inequalities. We are delighted to announce that the Welsh Obesity Society (WOS) and Diabetes UK (Cymru) have worked in close partnership with ASO to create the programme. We are extremely grateful to them for their valuable support.

The programme aims to provide informative, high-quality, evidence-based sessions with speakers who are among the leaders of obesity research, clinical practice and public health in the UK. The programme will consist of plenary lectures, ASO symposia, commercial symposia and ASO member-led symposia. There will also be opportunities for ASO members and non-members to submit abstracts for poster or oral presentation. Further information about abstract submission and the ASO Awards can be found on the ASO website.

UKCO 2017 will contain a mix of clinical and non-clinical symposia that will be of interest to a wide range of academics, primary and secondary care clinicians, practitioners, policy makers and physical activity specialists. In addition to the planned ASO & Diabetes UK (Cymru) symposia there will be sessions on physical activity, metabolic surgery, pharmacological therapy and childhood obesity related policies.

Ahead of UKCO2017, the Welsh Obesity Society will be hosting a metabolic syndrome symposium between 6pm and 8pm on the 6th September. This symposium will be preceded by the ASO Early Career Researchers workshop and a WOS behaviour change workshop followed by a buffet and a chance to network and relax ahead of the start of UKCO2017.

Further information on UKCO2017 will be available on the ASO website. Please save the 7th and 8th of September 2017 in your diary. All sessions will take place at the University of South Wales – Pontypridd (Treforest) Campus which has outstanding facilities for socialising and exercising and is just 20 minutes from Cardiff City Centre by direct rail link.

Best wishes on behalf of the ASO from the ASO Chair, Professor Pinki Sahota and the local organising committee, Dr Simon Williams, Professor Nadim Haboubi, Dr Christopher Retallick, Teresa Filipponi, Angela Jones, Abigail Sadler, Sioned Quirke, Dr Sue Kenneally, Dr Enzo di Battista and Professor Jeff Stephens.